

# MASSAGE TREATMENTS

## OTESAGA SIGNATURE MASSAGE

This revitalizing treatment uses aromatherapy and stimulating massage techniques and strokes to unwind the body, reboot the mind, and transform stress into balance. Choose between four aromatherapeutic blends of exotic herbs and essences featuring ingredients like warm and spicy cardamom, hypnotic neroli blossom, clarifying balsam fir needles or energizing holy basil to reinvigorate the senses.

50 minutes | **\$140\***

90 minutes | **\$195\***

## SWEDISH MASSAGE

This full-body massage is designed for pure relaxation and is the most familiar technique. Long, smooth strokes and light to medium pressure ease tired muscles while improving circulation using your choice between unscented or lavender bath and body oil.

50 minutes | **\$135\***

90 minutes | **\$190\***

## BLUES BE GONE MASSAGE

This holistic treatment combats adrenal fatigue caused by our modern 24/7 lifestyle. The session begins with a steaming Blue Eucalyptus inhalation to enhance immunity and is followed by a stimulating massage with Ginger Root oil to rebalance the adrenal system.

50 minutes | **\$140\***

90 minutes | **\$195\***

# FACIAL TREATMENTS

## PURE RESULTS FACIAL

Experience dramatic results with this skin conditioning treatment designed to correct inflammation, the primary cause of premature aging. The session begins with an exfoliating treatment to sweep away dead surface cells and impurities, followed by a layer of our echinacea and butterfly bush plant stem cells clinically proven to improve the appearance of fine lines and wrinkles, radiance, smoothness and firmness.

50 minutes | **\$140\***

## MOISTURE DRENCH FACIAL

Nature's cure for thirsty, moisture-deprived skin. This hydrating facial immediately replenishes the skin with deeply hydrating botanical blends. A sensorial Soothing Hibiscus Enzyme Peel smooths and calms stressed skin. A nourishing facial massage utilizing the Gotu Kola Healing Balm leaves skin radiant and protected from harsh environmental elements.

50 minutes | **\$140\***

## ENERGIZE & FIRM FACIAL

This luxurious treatment delivers instant skin rejuvenation by accelerating cellular respiration, bringing fatigued, over-stressed skin back to life. Skin is re-energized with the Energize & Firm Collection—a blend of a Copper & Amino Acid Complex, peptides, vitamins and minerals to firm, lift and revitalize the skin.

50 minutes | **\$170\***

*To book an appointment, please call (607) 544-2565.*

*Hawkeye Spa*

*\*Price excludes applicable sales taxes and gratuities*

The Otesaga is taking COVID-19 very seriously and following strict guidelines for the health and safety of our guests. For details, visit [Otesaga.com/Otesaga-Care](https://www.otesaga.com/Otesaga-Care).

